



Breast Clinic

About our Clinic



Paulinen Klinik Wiesbaden



About The Women's Health Clinic

Our team at the Women's Health Clinic and at the Breast Clinic is specialized in the detection and treatment of all forms of illnesses affecting the breast. We are able to offer all modern methods of treatment, including diagnostics, for all forms of benign and malignant illnesses as well as for malformations of the breast.

We at the Women's Health Clinic work according to the national and international framework, we actively participate in quality control programmes and as a centre of excellence, we contribute effectively to improve the treatment for breast cancer patients.

Our Women's Health Clinic regards itself as a network in which a multidisciplinary team of professionals are gathered: Our gynaecologists cooperate closely with radiologists, radiotherapists, pathologists, oncologists, psycho-oncologists, psychotherapists and study assistants as well as with specialized nurses, doctors, health care suppliers and self-support groups.

Our goal is optimal care for you through expertise and personal support. Our aim is to accompany and take care of women affected by this physically and emotionally difficult process from an initial educated guess via the diagnostic procedures right through to a comprehensive treatment including after-care.

We are here for you.

Your Breast Clinic



Range of services

At the start there may be a suspicion based on palpatory findings or as a result of imaging procedures.

Breast consultation

If there are noticeable changes in the breast you would come to the Breast Clinic for consultation. After your medical history was taken up and a physical examination carried out we will consult with you to establish further necessary diagnostic procedures.

Diagnostics

Working closely with our partners in radiology and nuclear medicine we have all the diagnostic methods available:

- Laboratory tests
- High definition mammasonography
- Mammography
- Ultrasound radiologically guided (minimally invasive) biopsy (punch biopsy and mammotome biopsy)
- Magnetic resonance imaging (MRI)
- Computer tomography (CT)
- Bone scintigraphy, radiography
- Nuclear medical marking of the sentinel lymph nodes



Tumour conference

All patients diagnosed with breast cancer are presented at a tumour conference.

Specialists such as gynaecologists, breast surgeons, radiologists, pathologists, radiologists, oncologists, and required further experts hold consultations and lay out a recommendation plan for your treatment.

Findings consultation

The recommendations of the team of experts will be explained in a personal consultation. Treatment plan recommendations will be discussed with you and will be individually adjusted to your personal needs and situation.

Therapy

In most cases breast cancer treatments begin with the complete surgical removal of the tumour tissue.

Breast surgery

A broad spectrum of surgical methods, which are constantly being developed, are available at our clinic. Dr. Buchen works in accordance with the quality criteria of the Association of Plastic Surgeons and the reconstructive processes in gynaecology and is one of the few to earn the official title of Breast Surgeon in Germany.



Depending on the size and position of the tumour as well as the size and shape of your breast we have several surgical options available:

- Breast conserving surgical procedures and oncological plastic surgery (almost 80% of patients can be operated on with breast conservation)
- Breast removal with potential immediate reconstruction
- Skin-sparing or nipple-conserving removal of the mammary gland with immediate reconstruction
- Follow-up breast reconstruction
- Prophylactic mammary gland removal with immediate reconstruction in hereditary breast cancer
- Sentinel node removal (sentinel node biopsy)
- All reconstructive surgery (implants, tissue taken from your abdomen and back, as well as nipple reconstruction) available

Furthermore

- Plastic surgery, including corrective surgery for augmentation or reduction as well as in cases of malfunction of the breasts
- Surgical correction of male gynaecomastia
- Abdominoplasty



Radiotherapy

Radiotherapy is an integral part of the treatment and is carried out in cooperation with our partners, the group practice for radiology and radiation therapy RNS at St. Josefs-Hospital in Wiesbaden.

Chemotherapy

Chemotherapy is a treatment with the medication Zytostatika, a target-oriented therapy defined by a new, specific active ingredient which pinpoints the cancer cells to be attacked. The therapy also includes an antibody treatment. This can be carried out in our Interdisciplinary Oncology Day Clinic (IOTK) prior to or following the operation, dependent on the stage of the tumour.

Hormone therapy

A hormone therapy will be initiated in the case of hormone sensitive tumors and will be applied by your local gynaecologist.

Studies

Participation in national and international clinical studies envisages quality criteria for a certified Breast Clinic. You will receive care that is continuously monitored as part of the study.

Registrar's office

Telephone: 0611 847-27048



Concomitant therapies

We wish to accompany you from the beginning of this physically and emotionally difficult process and support you for your life after treatment. To further assist you we also offer the following options:

- Breast Care Nurse: a nurse especially trained for breast cancer to care and support you during the entire treatment process
- Specifically tailored physiotherapy and lymph drainage treatments
- In-house consultation and provision of prosthetics
- Psychosocial and psycho-oncological support
- Pastoral care
- Establishing contacts with self-support groups

Aftercare

Aftercare will be continued by your own gynaecologist.

Information on the Women's Clinic and the Breast Centre

The head of the Breast Centre along with her highly qualified team are there for you at all times.



Dr. med. Stefanie Buchen
Chief Consultant Women's Clinic
Head of the Breast Centre

Specialist Consultant for women's health and obstetrics certified as Breast Surgeon following AWOgyn facultative advanced vocational training in gynaecological surgery

Certifications



Address

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Registration and Appointments

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How to find us



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-  Disabled Parking
-  Bus Stop
-  Main Entrance

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