Welcome...

to the Asklepios Klinik Barmbek
We have avoided mentioning both genders explicitly in this brochure to aid clear comprehension. Naturally, where one gender is mentioned, both are intended.
Together for health

Asklepios is the only large German hospital group that also has an international presence. The family company is owned by a sole shareholder who has, since the company was founded more than 25 years ago, consistently reinvested the profits in the hospitals rather than taking any dividend payouts. The shareholder has also set up each facility for non-profit involvement in prevention work, especially in schools but also for adults. The group is responsible for more than 100 facilities and roughly 44,000 staff in Germany alone. Almost 2 million patients trust the clinic group with their health each year. The chain of clinics has entered into the voluntary commitment to cap the number of agency workers within the group at three percent. In Germany, every 40th baby is born in one of the Asklepios hospitals between Sylt and Lindau on Lake Constance. Asklepios runs the Deutsche Kinderherzzentrum in St. Augustin, and is also responsible for almost one third of all psychiatric units in former East Germany and several facilities in forensic psychiatry.

Asklepios Kliniken Hamburg GmbH is Europe's largest cluster of clinics at one location, covering almost every medical discipline, ranging from ophthalmology to dentistry. In Hamburg alone, Asklepios employs a workforce of almost 13,000 on all levels of qualification (including roughly 1,800 doctors); providing 1,400 trainee positions, it is the largest training centre and, measured in terms of workforce, the largest private-sector employer in the city. In the Hanseatic City, Asklepios Kliniken treat every second hospital patient, hence accounting for 50 percent more inpatients than the Berliner Charité, Germany and Europe's largest university clinic. Two of four newborn Hanseatic citizens enter this world in one of the in total five Asklepios maternity wards in Hamburg. In MEDILYS GmbH, Asklepios operates one of Europe's largest clinic laboratories. Over ten million analyses and more than 18 million findings are handled here each year. Asklepios Kliniken in the Hamburg catchment area: Altona, Barmbek, Eimsbüttel (CardioClinic), Harburg, Klinikum Nord (Ochsenzoll/Heidberg), St. Georg, Wandsbek, Westklinikum Rissen, Bad Oldesloe, Ahrensburg, Bad Schwartau, Sylt.
Martin von Hummel  
Managing Director

Professor Peter Paul Urban  
Medical Director

Axel Techam  
Nursing Director
As a patient, you take the highest standards of quality and safety for granted. But for us it is a challenge to get even better and safer.

We operate with a so-called Critical Incident Reporting System (CIRS) in order to identify and prevent risks at the earliest date, before mistakes occur. Using this system, our staff in every department and professional group report critical incidents and any close shaves, subject them to systematic analysis and improve the processes involved in their work; this identifies and changes processes that are susceptible to mistakes. And it takes place continuously and sustainably. Furthermore, external experts conduct risk audits to regularly review all processes of relevance to safety, for instance in the operating theatre, in obstetrics or in documentation and patient information.

The prevention of infection, and therefore hygiene, is among the most important topics relating to safety in any hospital. In MEDILYS Laboratories, a company within the Asklepios Group, we are able to draw on specifically trained physicians (hospital hygienists) and hygiene specialists (nursing staff), dedicated in our house exclusively to this task. In addition, specially trained doctors and nurses responsible for hygiene in each specialist department focus on the communication and implementation of all aspects of relevance to hygiene. Regular, compulsory training for all of our staff responsible for dealing with patients and regular monitoring round off our procedure.

As member of the national campaign AKTION Saubere Hände (Clean Hands), we place particular emphasis on regular and thorough hand disinfection; after all, it is the simplest and most effective method to prevent the transmission of infection. In order to further minimise the risk of infection or transmission, all patients in our clinic with heightened risk as specified in the regulations issued by the Commission for Clinic Hygiene are examined by swab immediately upon admission. In the event that problematic germs are indeed located, we are in a position to offer rapid assistance and respond with suitable, comprehensive protective measures.

The second major topic in the field of patient safety is the prevention of mistaken identity. Patient wristbands, extensive check lists and team time-outs, that is systematic reflection and review of all relevant information before an intervention, are our most important methods of excluding any case of mistaken identity. Our frequent enquiries as to your first and last names and your date of birth are not down to us being unaware; they represent one of our most important safety checks.

You can find additional information – among others on the topic of the safe provision of medication, preventing falls or technical safety – later on in this brochure and in our patient information leaflet ‘You can feel safe with us’. 

Patient safety
You can feel safe with us!
With yesterday's tradition
and tomorrow's medicine
for the people of today
Our mission statement

We at Barmbek

- Our tradition and an integrated position in the city and the area provide us with a community spirit as 'Bambekers'.
- Working together for our patients connects us.

We as employees

- We are highly motivated and responsible in taking care of our patients.
- Reliability and commitment connect us with our patients and each other in friendly, open and honest dealings.
- We can handle conflict, because we take criticism constructively.
- This is the basis of our mutual esteem.
- We are proud of this.

Our medicine

- Our professional ethics are based on respect for human dignity and the rights of our patients, compassion for the sick and the desire to achieve high professional standards.
- Our success is the result of cooperation between all the professional groups working in our hospital.
- Our competency as in an academic teaching hospital is based on dedication and excellent expertise, drawing on the application of cutting-edge technologies.
- The variety of expertise and a positive attitude towards new challenges are the reasons for our willingness to usher in medical and scientific innovation.
**Our organisation**

- Our ability and will to create an effective and efficient performance structure are the keys to commercial success.
- Decision-making structures and responsibilities are transparent.
- We create more scope for development for ourselves. We use the time this frees up for our patients, for education, further and advanced training and for our wellbeing.
- We behave responsibly with our time and that of our colleagues.
- We master our challenges with openness, honest communication and a willingness to accept conflict with adherence to agreed rules.
- We all feel committed to our tasks within an integral scope.
- Mutual appreciation is the reason for our strength in cooperating across the boundaries of professional groups, departments and hierarchies.
- The insight gained in our work brings progress. In this, what we share with the Asklepios Kliniken is an important cornerstone of success within our own house.

**We offer our patients**

- Respect, because we see them as people;
- Compassion, because we know what it means to be ill;
- Professional help, because we have learnt it;
- The latest technology if you need it;
- And we look after you, even if things get difficult.
The Visceral Medicine Centre aims to provide you with precisely tailored, jointly realised care for abdominal diseases. This includes precise diagnosis, all forms of medicinal, endoscopic, interventional, ultrasound, operative therapies, as well as modern oncological care. The departments of Gastroenterology & Hepatology, General & Visceral Surgery and Oncology & Palliative Care work hand in hand to achieve this standard.

To realise this interdepartmental care, we bundled our three specialist departments on the top floor of the hospital in 2009. In addition to the bed sections, all functional units, such as endoscopy (inspection), sonography (ultrasound), visceral medicine and the oncology outpatient unit, palliative care and the chief physician sections of the three associated clinics are located here.

As our patient, this bundling of expertise within one centre offers you concrete benefits: There are no distances to master, less waiting, organisationally laborious relocations are unnecessary and your discharge from the clinic is faster. All contacts are always there and plan your treatment with you – with the aim of facilitating the best possible recovery.
The General & Visceral Surgery Department has a well-trained team of experienced surgeons to treat you. Our explicit goal is to treat you with the latest therapy concepts. Our broad operative spectrum covers the following organs and diseases: oesophagus and stomach, the whole small and large intestine incl. rectum, liver with gallbladder and biliary tract, pancreas, thyroid with parathyroid and adrenal glands, chronic inflammatory gastric disease, all forms of abdominal, hiatus and inguinal hernias, and all other tumours of the abdomen.

Our experienced surgeons are often able to spare you a large abdominal incision, as we perform many procedures laparoscopically. Instruments are fed into the abdomen through small incisions for this procedure, which is known as an abdominoscopy. This means the patient has much less pain, a faster recovery and a shorter stay in hospital. They also benefit from reduced scarring and, thus, a reduced risk of incisional hernia.

Our focus is on all large tumour surgery of the abdomen and the intestinal tract including liver surgery. Our explicit aims are to remove the tumour and maintain or improve your quality of life. The possibilities for treatment are always increasing thanks to medical progress. We have set up special clinics for you to embrace this development. We also use highly specialised procedures to achieve optimum treatment success where necessary, such as computer-guided surgery planning. This enables us to prepare complicated liver operations using individual computer models. The optimum treatment strategy for your specific case is determined jointly at an interdisciplinary tumour conference attended by all important specialists.

By the way: An expression of our specialisation is the certification by German Cancer Society (DKG) as a gastric centre and pancreas carcinoma centre, and also the certification as competence centre for surgical diseases of the liver by German Society for General and Visceral Surgery (DGAV)
You are treated in our department if you are suffering from a disease of the oesophagus, stomach, the small or large intestine, the pancreas, the biliary tract or the liver. We use all state of the art examination procedures to ensure the best possible diagnosis and treatment for your disease.

Our experienced doctors perform all standard endoscopic examinations. This not only produces precise diagnoses, but also frequently spares you from a major surgical procedure thanks to modern, minimally invasive treatment methods. For example, we can often remove benign polyps and cancers in the early stage during the endoscopy and can treat problems of the biliary and pancreatic system during the examination.

You can also rely on our department’s expertise in sonograph examinations (ultrasound): As a reference centre for the German Society for Ultrasound in Medicine, we work with state of the art equipment and can draw on a wealth of experience. The combination of endoscopy and ultrasound – the endosonography – supplemented by our range of diagnostic and treatment services. We also have experienced experts in liver diseases, chronic-inflammatory gastric diseases and metabolic disorders.

As part of the Visceral Medicine Centre, we assist in offering you optimum interdisciplinary care from one place for diseases of the abdomen.

By the way: since 2009, resp. 2011, together with the departments for General & Visceral Surgery and Oncology, we have been certified as a gastric, resp. pancreas centre by the German Cancer Society (DKG) and offer you controlled quality in care, early detection, diagnosis and treatment.
An experienced team in our department treats and cares for people suffering from cancer. It is our goal to achieve the best possible, individual therapy on the basis of a secure diagnosis. The broad spectrum of diagnostic options is available to each patient in order to discover malignant tumours at the earliest possible stage. This early diagnosis is the best weapon in fighting cancer. Joining with experts from other specialist departments, also GPs and consultant physicians, the therapeutic concepts for particular symptoms are discussed and bindingly resolved in the tumour boards held in the clinic.

We also operate a medical treatment centre in an oncological practice. This is where many forms of therapy can be administered to outpatients. This helps preserve a home environment. Quality of life is in the focus of our attention at all times.

The staff at the the integrated palliative care ward, in 1992 the first instance of palliative care established within a clinic in Germany, offer many years of experience and specific expertise. This permits the highest standards of palliative care. Joining with a network of hospices and inpatient and outpatient partners, we continue to look after people in this difficult period of life. Naturally, psychological and spiritual support is also available to every patient on request.

A special service offered within our department involves diagnostic and interventional sonography, expressed in the seminar leader function within the German Society for Ultrasound in Medicine (DEGUM). We use various cutting edge and conservative methods. They enable the diagnosis of unclear tumours in the abdomen and also risk-reduced removal of tissue samples by ultrasound navigation. The spectrum of services also includes the application of port catheters, ascites drainage and ultrasound-targeted radio frequency ablation of tumours, liver tumours in particular.

By the way: The oncological department is a part of the visceral centre. Abdominal diseases can receive optimised care in this way, interdisciplinary and from one source.
You will find the medical care centre MVZ Onkologie Barmbek GmbH on the third floor of the clinic. As an important element of our oncology centre, the primary task facing our medical care centre is outpatient support for persons suffering from cancer, frequently in the period following an inpatient treatment. Integration within the clinic helps us provide our patients with comprehensive inpatient and outpatient treatment from one source.

Our interdisciplinary team – consisting of consultant physicians, psychotherapists, specialist nursing staff and qualified medical experts – ensures that you feel well cared for and supported here with us. The spectrum of services mirrors our integral approach to treatment; in addition to diagnosis and therapy of haematological and oncological diseases, it covers tumour pain therapy just as much as primary psychosomatic care and socio-medical consulting. One focus of our medical care centre is to provide our patients with outpatient, psycho-oncological support.

We guide our patients throughout all phases of diagnosis and therapy, working hand in hand with the cooperating practices and clinics. This means that all information concerning diagnosis, treatment and follow-up care runs together in our centre and is available at all times to the patients and attending physicians. Our consultant physicians attend meetings of the tumour board and coordinate treatment with experts from the other specialist fields (such as gastroenterology, pneumology, surgery, urology, gynaecology, radiology, radiation therapy and pathology). This ensures high-quality treatment and a rapid workflow, factors that are of great importance to the patients in this frequently stressful phase following diagnosis and discovery of the disease.

By ensuring integration within the clinic, we spare our patients the cumbersome transport and waiting, hence enabling the fastest possible response to each situation presented in the illness. In this, we are also in a position to draw on all diagnostic and therapeutic services for our outpatients also. Furthermore, a constant support person is available to our patients, providing a sure sense of security.

Please call the telephone number +49 (0)40 18 18-82 83 30 to arrange an appointment.
In Neonatology we care for newborns with adjustment difficulties, health problems or development disorders and for premature and immature infants. Our team of specially trained paediatric nurses and paediatricians is on hand around the clock and right next to the delivery room if a newborn requires medical help.

In close cooperation with Prenatal Medicine, one focus of our department is the care of children in whom health problems were detected prior to birth. As a perinatal centre providing maximum care, we are also particularly prepared to look after very small, premature babies, and are ready to offer our wealth of experience to these most sensitive of tiny beings. We deploy our state of the art equipment in a targeted and most careful manner; we do this to provide our patients with security, but also the families with joy, as they can, if they want, observe their babies online. It goes without saying that in addition to this, we create an environment that fosters development, one that avoids bright light, loud and unnatural sounds and unpleasant environmental odours.

Our treatment concept is based on preventing illness, regulating impaired bodily functions and strengthening the child’s own capacities. Contact with parents is particularly important – we encourage you to be with your child as often as possible. The healthcare assistant responsible for your child will be happy to show you how you can also be there for your child in the hospital!

By the way: we offer an aftercare clinic for particularly small children. This means you can still get advice from us after hospital discharge and we welcome the chance to see your child’s development.
Obstetrics & Prenatal Medicine
Welcome to life!

We welcome the trust of being able to support your child on its start in life and are happy to be there for you before, during and after the birth. As a primary perinatal centre and one of the largest maternity hospitals in Germany, we offer you maximum expertise and safety, alongside high comfort.

You will be in good hands in our Prenatal unit if you are concerned you child might not be healthy. We can exclude diseases in your unborn child here and, if necessary, give medical treatment in utero. We also provide comprehensive and expert care for pregnancy complications and high-risk pregnancies.

We have eight delivery rooms with all devices and relaxation materials. Whether water birth or gentle caesarean – we try to give you the birth you want. With a complication-free pregnancy you can choose to give birth naturally in the midwife-led delivery room. Of course, we offer homoeopathy, aromatherapy, acupuncture and special obstetric pain management. And if complications do arise, we have all the options of modern medicine to handle this.

After the birth, we offer you a relaxing and secure environment, where midwives and gynaecologists, paediatric nurses and paediatricians are available around the clock. You are looked after with your baby and you can choose to care for your baby around the clock in your own room (24-hour rooming-in). Pleasant accommodation is assured in our modern one and two-bed rooms – a family member or the father and/or siblings can stay over with you if desired.

By the way: future big brothers and sisters can earn a "Sibling Diploma" with us, which prepares them in a playful way for the unfamiliar situation with the new baby in the house.
Our Eye Centre is one of the largest in northern Germany and covers the whole range of surgical and conservative ophthalmology – you are in good hands with us for all medical issues of the eye. Our modern diagnostic unit offers all examination methods for the retina, cornea, lens, iris, conjunctiva, sclera and vitreous.

In addition to conservative treatments, we can also use a broad range of modern surgical procedures to treat your disease. For instance, we draw on a wealth of experience in operations on cataracts and glaucoma, perform complete or partial (lamellar) cornea transplants and employ modern and minimally invasive techniques in retina and vitreous operations.

Another focus with particular expertise: plastic-reconstructive and cosmetic surgery on the eye, tear ducts and eye socket. We offer surgery on the lids and the whole eye area (eyebrows, forehead, cheeks) and special reconstruction after injuries and tumour treatment and for facial palsy. Surgery on the eye socket, particularly reconstruction after removal of the eye, as well as general diagnosis and special surgery on the tear ducts (with endoscopy), complete this field. Our broad range of services also includes strabismus treatment and paediatric ophthalmology, examination of premature infants, treatment of age-related macular degeneration, as well as laser treatments for retinal disease.

By the way: together with two other Asklepios hospitals, we provide emergency ophthalmology procedures for the Hamburg area – our emergency outpatient unit is open around the clock for you.
You will find skilled and experienced contacts in our Gynaecology Department who handle all health issues that are particular to women. We offer you all conservative and operative procedures to ensure safe and preservative treatment of all benign and malignant diseases of the breast or the lower abdomen. In this, we proceed in accordance with the guidelines issued by the German Society for Gynaecology and Obstetrics and pay attention to the most recent developments in medical insight.

Our close cooperation with other specialist departments such as visceral surgery, urology and oncology enables us to provide quick and accurate responses to interdisciplinary questions. We offer minimally invasive operation procedures and perform laparoscopic, investigative interventions in the event of a desire to have children, chronic pain of the lower abdomen and endometriosis.

We treat all malignant diseases of the female genitals. You can be sure of being in good hands with sensitive issues like female incontinence, pelvic prolapse, bladder problems and sexual intercourse problems.

For years now, our breast centre has been certified by the German Cancer Society and the German Society for Senology. Here you will benefit from the outstanding interdisciplinary cooperation of recognised specialists such as specially trained breast surgeons, radiologists, oncologists, radiotherapists, plastic surgeons, psycho-oncologists and social workers. We offer the entire range of breast-conservation and ablative treatment and also reconstructive and plastic-aesthetic interventions for breast reconstruction with implants or own-body tissue. You will be looked after by our breast care nurses for the entire duration of your stay in the clinic; they will provide you with information, coordinate appointments and make contacts on your behalf.

Furthermore, cooperating with a consulting physician for plastic surgery, we offer in our clinic all reconstructive and plastic-aesthetic operations on the breast, for instance breast reconstruction with implants or own-body tissue, correction of deformations of the breast, breast reduction and enlargement and also lifting. We also perform abdominal wall plastic surgery, gender reassignments, corrections of the labia and scar corrections.

By the way: all patients suffering from breast cancer receive a very special courtesy: heart-shaped pillows – produced by voluntary seamstresses here in Hamburg – help ease the wound pain following operations.
You are in the best hands in our Cardiology Department for diseases of the cardiovascular system, the supplying vessels and all internal concomitant diseases. We use the latest procedures and medical technology – but our focus is on you as a person and patient.

We offer all modern procedures for a comprehensive initial diagnosis if you are suspected of having a circulatory disturbance of the heart (angina pectoris), cardiac insufficiency or tachycardia. We also use safe and gentle techniques to diagnose restrictions of the coronary blood vessels and heart valve problems. We can treat restricted coronary blood vessels directly in our heart catheter lab using balloon dilation and a stent. This means our specialists are able to spare many patients from having a bypass operation. Today, even open connections between the atria of the heart can be closed using catheter procedures. The latest methods enable us to make these procedures as gentle as possible. Our department can also offer you expert care if you need implantation and monitoring of pacemakers or implantable event recorders and defibrilators.

In the event of acute emergencies, we offer you optimum care in our Coronary Care Unit (CCU), established in 2010: This is where you will receive the greatest possible security as a patient suffering from heart attack, shock or life-threatening arrhythmia, receiving 24-hour medical care and monitoring in close cooperation with central accident & emergency.

By the way: our services also include various ultrasound and x-ray procedures, pressure wire measurement of the coronary blood vessels, stem cell therapies and mechanical circulatory support.
Neurology

Affected nerves

Our Neurology Department is very experienced in the treatment of all diseases of the nervous system and works closely with professional associations and competence networks.

A stroke is one of the most widely-known neurological diseases. Strokes are always emergencies – skilled and fast diagnosis and treatment improve the chances of healing and rehabilitation. Therefore, we treat our acute and early rehabilitation patients in a dedicated, highly specialised unit, the certified National Stroke Unit. The patient receives fast and comprehensive diagnosis followed by an individual treatment plan, incorporating the whole interdisciplinary team of neurologists, neuroradiologists, nurses, speech therapists, physiotherapists and neuropsychologists. Intensive and continual monitoring of physical functions offers additional security.

With Parkinson’s disease, our focus is on early diagnosis and optimum treatment of all motor and non-motor aspects of the clinical picture to improve your quality of life. In addition to medication, physiotherapy, speech therapy, ergotherapy, muscle therapy and nursing, so-called 'multimodel complex treatment' plays an essential role in the comprehensive treatment concept.

Furthermore, we treat all forms of dementia and also offer neuropsychological diagnosis procedures for early recognition and classification in suspected cases. Diagnosing reliably and improving your quality of life through symptom-oriented treatment is also our primary aim in multiple sclerosis cases. As a member of the Muscle Centre Hamburg, we also offer expert support for neuromuscular diseases. You can also seek treatment for dizziness complaints in our hospital.

By the way: we offer special clinics for all symptoms as part of the pre-admissions diagnosis. We are happy to answer any organisational queries or make appointments for you.

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Thorax surgery
More air for life

Thorax surgery is understood to be the operative treatment of all congenital and acquired diseases of the lung, the pleura, the thoracic wall and the mediastinum region. The treatment of tumour diseases, in particular lung cancer, is in the main focus of oncological treatment. The surgical treatment of lung metastases, which today provides many tumour patients with a decisive therapeutic benefit, is also of particular importance. Cutting edge technology is used here, including laser surgery.

We also offer an expert surgical treatment in the event of diseases to the pleura, the mediastinum, central diseases of the airways and when the lungs, ribcage and airways - for instance the trachea or the bronchia - have been injured in accidents (thorax traumatology).

Our thorax surgery covers a comprehensive spectrum of operations. In addition to open thorax surgery by opening the ribcage, approx. one third of all operations are conducted in a minimal-invasive fashion using so-called 'keyhole technology'. In individual cases, this is even possible for lung cancer operations, for instance as VATS lobectomy or on tumours of the thymoma.

The best possible therapies for the patients are defined and implemented as soon as possible in weekly conferences (tumour boards), drawing on the specialist disciplines of thorax surgery, pneumology, pathology, oncology, radiation therapy and radiology. In this, given that modern cancer treatment has assumed an increasingly multimodal structure, we consider the latest scientific studies and consequently install two or three treatment teams from different departments, working hand in hand.

By the way: we cooperate with the Clinic for Pneumology and the Intensive Care Unit to form an integrated Lung Centre so as to treat our patients with holistic 'pulmonary medicine', and not just surgery.
We strive to offer patients the best possible care and combine the latest investigatory and treatment procedures with human care and a trusting approach. In pneumology, we specialise in diagnosis and treatment of all lung diseases: constriction of the respiratory passages (asthma bronchial or chronic obstructive lung diseases), pneumonia, tumours of the lungs and pleura, lung fibrosis, sleep-related breathing disorders and acute or chronic respiratory failure. We offer all modern diagnostic procedures to resolve your complaint, such as lung endoscopy, thorax/pleura including ultrasound in the bronchia (endobronchial ultrasound), complete lung function diagnosis, ultrasound of the heart and pleura, spirometry (respiratory gas measurement) and sleep lab investigation. We treat patients with tumours of the lungs and pleura in close cooperation with our partners from Lung Surgery and Oncology.

Critically ill patients are treated in close cooperation with the other specialist departments in our hospital on our internal medicine intensive care ward. Our team uses all diagnostic and treatment procedures in modern intensive care. We also have special expertise in invasive and non-invasive mechanical respiration. Weaning (respiratory weaning) is a particular focus of our department. We can give long-term respiratory patients a good chance of complete respiratory weaning. An experienced expert team of pneumologists and internists, intensive care nurses, physiotherapists and social workers are on hand for these complex treatments.

The sleep lab is another particular focus of our department. Many patients often suffer unknowingly from breathing problems during sleep. Tiredness and sleepiness during the day are the most frequent consequences by those affected. Without treatment this can lead to illnesses such as high blood pressure, heart attacks or strokes. There is usually a breathing disorder during sleep even for chronic respiratory failure as part of muscular disease or COPD. These illnesses can be investigated in detail in our sleep lab and can be successfully treated in most cases.

By the way: our Weaning Centre was expanded in 2009 and now has more than 20 treatment places for respiratory support weaning.
Our hospital can help with all issues in the urological field, i.e. diseases of the adrenal glands, kidneys, ureter, bladder, urethra, prostate, testicles and penis.

Our hospital has all modern urological diagnostic procedures to get to the bottom of your disease. This is vitally important as early diagnosis enormously increases the chance of a cure for many diseases.

In addition to conservative (non-surgical) treatments, we can also offer all minimally invasive and open-surgery procedures for safe and lasting treatment. Our hospital is particularly well-known for various gentle laser procedures. Operative therapy of cancer, tumour surgery, is among the main focuses of our department: we draw on a wealth of experience in the treatment of renal cell, renal pelvis, ureter and bladder carcinoma and also testicular cancer.

In particular, whenever possible, we perform conservative operative procedures on the kidney when treating renal tumours. We are a centre of minimal-invasive (laparoscopic) partial nephrectomies. Larger tumours of the kidney can also be operated on without removing the organ. In the therapy of bladder carcinoma, we offer modern, photodynamic methods for the diagnosis and treatment of superficial bladder carcinoma and therefore possess particular expertise in radical bladder removal and subsequent bladder replacement for invasive tumours.

In addition to all modern surgical procedures for the treatment of prostate cancer, as a large centre we also offer the very gentle HIFU treatment, which uses heat produced by high-intensity focused ultrasound to kill the prostate tissue without affecting the surrounding tissue.

We treat kidney, ureter, and bladder stones with the latest procedures. You are also in good hands with us when facing the sensitive issue of incontinence: we cater to your needs in the Continence Centre, aided by gynaecologists, surgeons and neurologists. One procedure established by our Department is sclerotherapy of testicular varicose veins. Numerous certifications (GIH - Society for Incontinence Assistance, European Board of Urology and World Congress of Endourology) confirm the high treatment quality of our department.

By the way: urology is not a discipline "just" for men's health. Approx. 25 % of our patients are women with health problems of the uriniparous and uriniferous organs.
Treatment of kidney diseases, diabetes and diagnosis and treatment of high blood pressure and its consequences are the focus of our department. We look after the function of initial dialysis if you need dialysis and a stay in hospital – regardless of whether you are a haemodialysis (blood purification) or peritoneal (abdominal membrane) dialysis patient. We also treat patients with kidney failure on our intensive care ward. We are also very experienced in dealing with dialysis access problems. Cooperating with surgery and radiology, we perform all manners of dialysis access operations in our Shunt Centre Hamburg.

We also offer the whole range of modern nephrological investigatory and treatment methods. We can use ultrasound to view vascular pathways to resolve the issue of a vascular connector for dialysis or blood flow restriction to the kidneys. We use special investigations of the urine to determine, amongst other things, the source of bleeding in the event of blood in the urine. Our services also include plasma separation therapy (blood protein replacement).

For diabetes, it is important to us that you as the patient or relative have the fullest possible understanding of the disease. We would like to use our years of experience and individual counselling to help improve your quality of life. We work closely with ophthalmologists, vascular surgeons, radiologists and neurologists to treat diabetes complications and offer specialist psychological counselling. Our nutritional counselling tells you everything you need to know to deal with diabetes.

By the way: we can now also offer comprehensive advice on diabetes and renal diseases in pregnancy.

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Central Accident & Emergency
On the go for you round the clock

You will always be in good hands in our Central Accident & Emergency Department (A&E) – 365 days a year, 24 hours a day. Doctors from all specialist disciplines are at work for you here round the clock: our teams, each of which has an interdisciplinary structure, use their wealth of experience and expertise to deal with medical emergencies, injuries and diseases of all kinds. Thus, patients with complex diseases like strokes and heart attacks or serious injuries can also be sure that they will receive the best medical and nursing care.

Speed is often one of the most important factors – and thanks to our globally recognised grading system (Manchester Triage) you can always be sure that our help will go first to those who need it most. The layout of our A&E contributes to the safety and quality of care: located directly adjacent to the main clinic entrance, we are perfectly accessible for emergency services and patients transported by private vehicle. Special examination rooms and short distances to operating theatres, the X-Ray Department and intensive care wards, also guarantee fast response times and smooth processes.

So you as a patient in our A&E will always receive the best care and feel safe – whether it is a large or small emergency, occupational or private accident.

By the way: our hospital is also served by air ambulances. The landing pad on the roof of the hospital (truly our own airport) is directly connected to A&E via a dedicated lift.
Our Trauma & Reconstructive Surgery / Orthopaedics Department provides expert assistance for all bone and joint problems. We treat injuries to the musculoskeletal system, such as bone fractures, misalignments and sports injuries like tendon tears, with great experience and tailored to your needs. In addition to surgical osteosynthesis procedures to mend bone fractures, we also perform autologous bone grafts where needed – repairs with your own bone material – or modern bone substitute material.

Our department is also very experienced at surgical procedures on the major joints. We treat knee and shoulder joints arthroscopically – through a tiny incision with "keyhole technology" – and perform, for example, cruciate ligament replacement and meniscus operations, or restore joint function after cartilage defects or tearing. We strive to keep your post-operative pain as low as possible by using individually tailored anaesthesia and specially trained pain therapists, and to facilitate fast rehabilitation for you. The third large component of our services are joint replacement operations (endoprosthesis) to the shoulder, ankle, knee and hip joints.

By the way: our department is fully authorised to treat occupational accidents under the German health insurance regulations.
We use various imaging techniques in our X-Ray Institute to detect abnormal changes in the body, localise them or control their spread, thus offering you or your doctor security of diagnosis and associated treatment. For example, our staff can create images of the brain, ribcage, skeletal system or even the whole torso using modern multislice computer tomography (CT) or magnetic resonance imaging (MRI 1.5 T and 3 T). We use the latest equipment in our department so that we get top-quality images despite short examination times and, at the same time, you are only exposed to minimal radiation, so we can use this for prevention and aftercare without worrying. Some procedures, for example MRI (also known as nuclear spin tomography), cause no radiation exposure at all.

Our institute focuses on diagnostic and interventional neuroradiology, dealing with changes in the nervous system, breast diagnostics by mammography, sonography and MRT, and with radiological intervention and minimal-invasive vascular interventions. We also provide minimally invasive treatment for angiological (affecting the blood vessels) diseases, such as carotid stenosis, haemorrhage or peripheral arterial disease (PAD) and offer CT and MRI-guided oncology therapies, such as radiofrequency ablation (RFA) or transarterial chemoembolisation (TACE) and pain therapy procedures, in the treatment of cancers.

Various current certifications (for example, within the Breast Centre, the Gastro Centre and the National Stroke Unit) demonstrate the high treatment quality in our department.

By the way: our modern patient archiving and communication system (PACS) facilitates fast data (images and findings) access on all hospital wards, so that you can receive the best treatment quickly in our hospital. Of course, we observe data protection regulations. We are happy to give you a CD of your personal data on request.
Anaesthesiology & Surgical Intensive Care
Painless? But safe!

Our anaesthetists ensure safe and gentle anaesthesia if you have to undergo a surgical procedure. Naturally, we adhere to the highest safety standards in our modern operating theatres and monitoring areas. Our goal is to facilitate a recovery that is as painless as possible for the patient and to optimise surgical success.

We determine the best anaesthesia for you together after examination and taking previous findings into account in our anaesthesia clinic/pre-medication outpatient unit. We answer all your questions about the anaesthesia here and discuss various options for effective pain treatment after the operation. Our extremely well-trained pain therapists take care of you after surgery.

If you require intensive medical and nursing care because of more serious surgery or pre-existing conditions, then you are in the best hands on our surgical intensive care ward. All the modern technical options of intensive care are at our disposal if required. First and foremost, however, our experienced intensive care doctors and nurses provide you with comprehensive care and are also happy to help your relatives if they need advice.

Treatment of emergencies is also among the tasks handled in our department: accordingly, our department assumes the role of medical management for the ambulance vehicles deployed at our clinic. We have also set up a fast and secure network in our hospital so that we are ready for emergency cases at any time.

By the way: we are also there for you during childbirth, as it is part and parcel of our everyday work to provide peridural anaesthetics (PDA) in order to treat birth pains.
Hospital Pharmacy
Individual security and quality

On a daily basis, the hospital pharmacy at Asklepios Kliniken Hamburg supplies many other hospitals with standard medications and in-house productions tailored to the patients.

As the on-site pharmacy at the Asklepios Klinik Barmbek, we work hand-in-hand with doctors and nurses to supply our patients with the right medication. We visit the wards during the pharmaceutical rounds on a daily basis in order to deliver patient-centric provision of medication, complementing the work of the attending physicians and checking the medical therapy, for instance for side-effects and interactions and to tailor the treatment to suit the individual needs of the patient. Our pharmacists are also happy to answer any questions patients may have.

In this, our unit-dose system provides particular safety: unlike in most hospitals in Germany, medication in the Asklepios Klinik Barmbek is put together individually for each patient in the clinic pharmacy on a daily basis after the pharmaceutical rounds, divided into single dose packaging, labelled and then distributed to the wards. There can be no mix-ups, as each medication is clearly recognisable until it is taken thanks to the labelling with patient name, medicament name, the time it should be taken and administration.

Patient-centric provision of medication in connection with the unit-dose system means that our patients benefit from the greatest degree of therapeutic safety, quality and transparency in their treatment with medication.

By the way: to make hospital discharge easier for our patients, they are also provided with medication to take home after scheduled discharge, which will take you up to your next possible doctor’s visit.
Top-quality **lab medicine** is frequently the basis of successful treatment process. Comprised of an experienced team of doctors, scientists and medical-technical assistants, MEDILYS supplies all facilities within Asklepios Kliniken Hamburg with a broad spectrum of medical laboratory services. The main lab is here at Asklepios Klinik Barmbek. We deal with all the parameters here that are frequently needed or that must be available especially quickly to provide you with the best care.

Comprehensive support and advice on hospital hygiene is an additional focus. To manage this, MEDILYS employs specialist hygiene exerts and hygienists on the ground. They advise and support their physician and nursing colleagues in all questions relating to hygiene, support and monitor measures for infection prevention, conduct training and hence contribute decisively to hygiene and patient safety in Asklepios Klinik Barmbek.

By the way: thanks to the array of sites in Hamburg, Asklepios can offer a comprehensive range of medical services. MEDILYS is the best example of this.
Nursing at Asklepios Klinik Barmbek

Us for you

You as the patient with your individual personality and medical history are at the centre of our nursing work. Caring for you as the patient is important to us. The healthcare assistant responsible for you will give you all necessary information about the ward and daily routine and will help you to participate actively in shaping the nursing process. He or she will be your first contact and is responsible for you – although the whole team on the ward will look after you, of course.

To give you the security of good nursing care, our hospital almost exclusively employs registered public health and general care nurses with three years' professional experience, although every team also includes healthcare assistants with many years' experience. Quality and expert standards form the basis of our work; nursing techniques and methods are tested and applied according to the latest standard of knowledge. Training nursing experts ensures practical realisation of special expert themes and tasks. We meet increasing requirements with a comprehensive and continually updated advanced and further training programme, so that we are always up-to-date for our patients.

Appropriately trained service staff take care of your physical needs. They will be happy to answer nutritional questions and help with menu selection and composition. We have summarised our standard for ourselves and our work in the motto "We want to achieve orientation, well-being and security for patients".

To supplement care on ward, we have diverse specialities and special nursing areas in our hospital:

- Anaesthesia / intensive care
- Breast care nurses
- Paediatric nursing in obstetrics and neonatology
- Kinesthetics (science of movement perception)
- Artificial / enteral nutrition
- Emergency instructors
- Initial patient assessment by nurses in the Central Accident & Emergency Department (Manchester Triage)
- Transfer of care / case management
- Special nursing staff for the care of stroke patients (Stroke Nurses) and Parkinson’s patients (Parkinson’s Nurses)
- Pain management by trained pain nurses
- Diabetes specialists
- Wound experts

Nursing Director:
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Speech and language therapy involves diagnosis and therapy of language, speech and voice disorders in children and adults. At the Asklepios Klinik Barmbek, the focus is on the treatment of patients with neurological diseases, such as stroke, cerebral haemorrhage, Parkinson’s disease, multiple sclerosis etc.

These diseases often lead to disorders that hinder or prevent normal communication or food intake and severely impair the daily and social life of the people affected. Speech and language therapy starts as early as possible to enable the patient to communicate satisfactorily and eat without difficulty. Detailed diagnosis is at the beginning of any therapy to identify the disrupted functions precisely in each case. Therapy is designed with the aim of maintaining and, above all, improving impaired abilities, tailored individually to the needs and abilities of each patient.

In addition to inpatient treatment (for example in the Stroke Unit for strokes already at the acute stage, or on the normal ward for deterioration in an advancing neurological disease), continued outpatient speech therapy is also possible in individual cases with home visits.

Difficulties with language, speech and swallowing never affect the patient alone, but always the (communication) partners as well, who are involved in the therapy where possible. There is often a limited possibility for this in our acute centre, but relatives are welcome to contact us with any queries.
Physiotherapy
Active for the body

These days, physiotherapy is an integral element of modern medicine. Scientifically-proven treatment methods are intended to restore physiological movement behaviour, to compensate muscular dysbalance and to correct substandard movement patterns.

At Asklepios Klinik Barmbek, physiotherapy is successfully used in the specialist departments of surgery, neurology, gynaecology, urology, internal medicine, oncology and also neonatology.

In our house, we place particular importance on personal care and an individually tailored therapy.

Programmes for exercise in your free time help you to help yourself, hence enabling you to make an active contribution to your healing.

Naturally, you can also continue your therapy as an outpatient in our physiotherapy outpatient centre once you have been discharged from the clinic (all health insurers, trades associations, private).
As a patient you rightly expect outstanding quality from our hospital. In this, when we speak of ‘quality’, we mean caring for the patient in a medical, nursing and therapeutic sense and also working with the practising physicians and our other cooperation partners. Based on our philosophy and our management principles, we at Asklepios Klinik Barmbek maintain high quality standards that start even before your stay in our clinic and accompany you beyond. We are also concerned that your relatives and visitors be well cared-for.

Our aims are:

- Excellence in medical and nursing care
- A high satisfaction among our patients and referrers
- Satisfied and motivated staff
- Commercial success and
- Successful presentation internally and externally.

To achieve these goals, we regularly describe and review all processes and structures, expand strengths, exploit improvement potential and constantly measure our quality against established indicators. Results of the constant quality development include the exceptionally good judgement for the recertification of our quality management system according to CTQ (Cooperation for Transparency and Quality in the Health Sector) in February 2011 and numerous certifications and awards confirming a special treatment expertise, whose certificates decorate the entrance hall to Asklepios Klinik Barmbek.

Additionally, please find a selection of our awards and certificates on the following page. Our annual quality reports make our quality visible and transparent for everyone. Feel free to download the quality report from our homepage – www.asklepios.com/barmbek – or ask us about it.
A third large hospital in addition to Eppendorf and St. Georg was urgently needed at the start of the 20th century due to the high population growth in the north and east of Hamburg. The 'Allgemeine Krankenhaus Barmbek' was therefore created between 1910 and 1913. A design with an array of individual buildings was chosen to help prevent the spread of infectious diseases within the hospital. The hospital was opened in 1913 with around 30 buildings and over 2,000 beds. The clinical facilities were supplemented at that time by an x-ray unit and laboratories, bathhouse and pharmacy, as well as kitchens, laundry and heating.

During both world wars, the Barmbek hospital was used for a time as a reserve military hospital and, after 1945, it was an English military hospital. The hospital has been continually redesigned over the course of its eventful history to meet the needs of modern medicine and to offer the best care to patients. However, the pavilion building design with its resulting transport distances and the sprawling arrangement of diagnosis and therapy areas remained. Thus, the existing structure of the Barmbek hospital could no longer meet the requirements of competitive hospital management.

At the end of the 1990s, the Senate of the Free and Hanseatic City of Hamburg decided to rebuild the hospital on the northern section of the existing site. An architectural competition (2001) was followed by the laying of the foundation stone (2002), topping-out ceremony (2004) and, in December 2005, the move to one of the most up-to-date hospitals in Europe, which achieves high clinical quality for you – our patients – through patient-oriented workflows, short distances, fast communication and the latest medical technology.

The former Landesbetriebs Krankenhäuser (LBK) was sold to Asklepios by the Free and Hanseatic City of Hamburg during the building phase at the end of 2004, enabling further investment on our part into the sustainability of the new hospital.
With a building that consistently focuses on the treatment process at its heart and a structure that encourages innovative solution concepts, Asklepios Klinik Barmbek acts as a reference centre for the Asklepios Future Hospital (AFH) Programme. This term indicates a cooperation that Asklepios has initiated with Intel and Microsoft, which now has more than 23 participating partners.

New standards are set with this programme: with regard to both the synergy in organisation, processes and IT in the hospital, and also in interaction with other service providers. Important medical information must flow better along the whole treatment chain so that patients receive faster, more successful and more cost-effective help. In order to achieve this, we first of all successfully deploy cutting edge methods in process management; secondly, we develop and test innovative solutions.

The main focus is on people, companies and technologies playing an active role in shaping the future of our healthcare system. Thus, at Barmbek we have aimed not only to find the right approach to new challenges through advanced medical technology and innovative examination methods, but also to participate actively and consistently in further development.

Large LCD screens on the walls of the Central Accident & Emergency Department (dashboards) show medical personnel the latest status of rooms, patients and equipment. Medical personnel can access all patient data and documents, including images, at the patient’s bedside using tablet PC and WLAN network, and call up or forward information from other departments.

www.asklepios-future-hospital.com
... **By car:**
Unfortunately, many navigation systems have problems finding the right house number. The main entrance to the hospital is on Rübenkamp between the Jahnbrücke bridge (600 m to the south) and Hebebrandstraße (150 m to the north). Please make sure you use the alternative postcode '22307'. The hospital car park is directly opposite the main entrance. Use is free for the first 30 minutes and is then charged at €1,- per hour. The maximum daily charge is €10,-.

There are taxis in front of the entrance.

... **By public transport:**
(see map for stations)

Take the S-Bahn (suburban rail network) to the station Rübenkamp (City Nord), lines S 1 and S 11. You can also use this connection to comfortably reach out house from the airport or from the main Hamburg railway station.

The hospital is also well-served by several bus stops:
"S Rübenkamp", lines 20, 26, 118.
"Hebebrandstraße", lines 7, 26, 39, 118, 172 and night bus 607.
"AK Barmbek", lines 7, 39, 172 and night bus 607.

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